



# Sunny Day

aka Atter En Solskinnsdag

Choreographed by **Cato Larsen** (29. April 2007)

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**Description:** 32 Takter, 4 Wall Line Dance.  
**Level:** Beginner.  
**Music:** En Solskinnsdag - Postgirobygget.  
**CD:** Postgirobygget – Best Av Alt (2003).  
**Intro:** Start the dance at the vocals after 16 counts (9 seconds).  
**Motion:** Smooth  
**Tempo:** 120 BPM.

<b>1 – 8</b>	<b>Step, 1/2 turn, Step, 1/2 Pivot turn, Back Rock, Step, Hold.</b>	
1,2	Step forward on right (1), Pivot ½ turn left (2).	6:00
3,4	Step forward on right (3), Pivot ½ turn right Stepping back on left (4).	12:00
5,6	Step back on right (5), Rock (recover) forward again onto left (6).	
7,8	Step forward on right (7), Hold (8).	
<b>9 – 16</b>	<b>Side Rock &amp; Cross, 1/4 turn twice, Cross Rock, Side.</b>	
1,2	Step left to left side (1), Rock (recover) back onto right (2).	9:00
3,4	Step left across of right (3), Pivot ¼ turn left Stepping back on right (4).	6:00
5,6	Pivot ¼ turn left Stepping left to left side (5), Step right across of left (6).	
7,8	Rock (recover weight) back onto left (7), Step right to right side (8).	
<b>17 – 24</b>	<b>Cross, Hold, Point, Hold, Full turn (Monterey Turn), Side Rock &amp; Cross.</b>	
1,2	Step left across of right (1), Hold (2).	6:00
3,4	Point right toe to right side (3) Hold (4).	
5,6	Pivot full turn right Stepping right next to left (5), Step left to left side (6).	
7,8	Rock (recover weight) back onto right (7), Step left across of right (8).	
<b>25 – 32</b>	<b>Side, Touch, ¼ Turn, Touch, ¼ Turn, Touch, ¼ Turn, Touch.</b>	
1,2	Step right to right side (1), Touch left toe next to right (2).	3:00
3,4	Pivot ¼ turn left Stepping left to left side (3), Touch right toe next to left (4).	12:00
5,6	Pivot ¼ turn left Stepping right to right side (5), Touch left toe next to right (6).	9:00
7,8	Pivot ¼ turn left Stepping left to left side (7), Touch right toe next to left (8).	

*Music available on [www.western-entertainment.no/music.shtml](http://www.western-entertainment.no/music.shtml)*