



Bright Side Of Life

Choreographed by Cato Larsen
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Description: 32 counts, 4 Wall Line Dance.
Level: Improver.
Music: Livets Lyse Side – Finn Kalvik.
Alt.
CD: Finn Kalvik - Fra A Til Nå: 40 Beste
Intro: Start the dance on the word “dagen” (41 seconds).
Motion: Novelty (Social only).
Tempo: 87 BPM.
SOD: Speed of Dance; Normal to Slow.
Videolink:
Dance nr: 139

1 – 8	Step, Scuff, Step, Scuff, Mambo Step, Step, Scuff, Step, Scuff, Mambo Step.		
1&	Step forward on right (1), Scuff left foot forward (&).	12:00	
2&	Step forward on left (2), Scuff right foot forward (&).		
3&4	Step forward on right (3), Rock (recover) weight back again onto left (&), Step right next to left (4).		
5&	Step forward on left (5), Scuff right foot forward (&).		
6&	Step forward on right (6), Scuff left foot forward (&).		
7&8	Step forward on left (7), Rock (recover) weight back again onto right (&), Step left next to right (8).		
10 – 16	Shuffle Lock back, Shuffle 1/2 turn, 1/4 Chase turn, Side Rock & Cross.		
1&2	Step back on right (1), Lock left across of right (&), Step back on right (2).		6:00
3&4	Shuffle ½ turn left Stepping L,R,L (3&4).	9:00	
5&6	Step forward on right (5), Pivot ¼ turn left (&), Cross left over right (6).		
7&	Step left to left side (7), Rock (recover) weight back again onto right (&).		
8	Cross left over right (8).		
17 – 20	Side Mambo's & Touch, Forward & Back Mambo's & Touch.		
1&	Step right to right side (1), Rock (recover) weight back again onto left (&).		
2&	Step right next to left (2), Step left to left side (&).		
3&	Rock (recover) weight back again onto right (3), Step left next to right (&).		
4	Touch right toe next to left (4).		
5&	Step forward on right (5), Rock (recover) weight back again onto left (&).		
6&	Step right next to left (6), Step back on left (&).		
7&	Rock (recover) weight forward onto right (7), Step left next to right (&).		
8	Touch right toe next to left (8).		
17 – 20	¼ Pivot turn twice, Sailor ¼ turn, Step, ½ Pivot turn, Sailor ¼ turn.		
1	Pivot ¼ turn right Stepping forward on right (1).	6:00	
2	Pivot ¼ turn right Stepping left to left side (2).	9:00	
3&	Cross right behind left (3), Pivot ¼ turn right Stepping left next to right (&),	12:00	
4	Step right slightly forward (4).	6:00	
5,6	Step forward on left (5), Pivot ½ turn left Stepping back on right (6).		
7&	Cross left slightly behind right (7), Pivot ¼ turn left Stepping right next to left (&).		
8	Step slightly forward on left (8).		3:00