



# *Not Without Us*

Choreographed by **Cato Larsen & Barry Amato.**

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**Description:** 32 count, 2 Wall Contra Line Dance.  
**Level:** Beginner  
**Music:** Not Without Us – DJ Øtsi  
**CD:** CD-Single and several compilations  
**Intro:** Start on vocal after 11 seconds.  
**Motion:** Novelty (Fun Social only), Music is Jive rhythm  
**Tempo::** 180 BPM.

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- 1 – 8**            **Stomp, Kick, Back, Together, Repeat.**  
1,2            Stomp right foot forward (1), Kick left foot forward (2).  
3,4            Step back on left (3), Step right next to left (4).  
5,6            Stomp left foot forward (5), Kick right foot forward (6).  
7,8            Step back on right (7), Step left next to right (8).
- 9 – 16**           **Jump forward, Clap, Jump back, Clap, Right Grapevine.**  
&1,2           Jump forward on right (&), Step left next to right (1), Clap (2).  
&3,4           Jump back on right (&), Step left next to right (3), Clap (4).  
5,6            Step right to right side (5), Step left behind right (6).  
7,8            Step right to right side (7), Touch left next to right (8).
- 17 – 24**           **Jump forward, Clap, Jump forward, Clap, Rock Step, Point, Hold.**  
&1,2           Jump forward on right (&), Step left next to right (1), Clap (2).  
&3,4           Jump forward on right (&), Step left next to right (3), Clap (4).  
5,6            Step forward on left (5), Rock (recover) back onto right (6).  
7,8            Point left toe back (7), Hold (8).
- 25 – 32**           **½ turn, Hold, Side Rock, Kick, Step, Kick, Step.**  
1,2            Pivot ½ turn left (1), Hold (2).  
3,4            Step right to right side (3), Rock (recover) back onto left (4).  
5,6            Kick right foot forward (5), Step right next to left (6).  
7,8            Kick left foot forward (7), Step left next to right (8).

**Note:**            When danced as a Contra, you should be facing in between your partner, and when jumping forward on count 9, you should clap on your left partner with left hand, and right partner with your right hand.

*Start again!*