



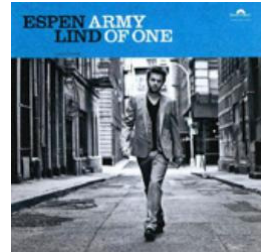
Scared Of Heights

Choreographed by **Cato Larsen**.
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Description: 32 count, 4 Wall LineDance.
Level: Intermediate/Intermediate +.
Music: Scared Of Heights – Espen Lind (Norway).
CD: Espen Lind – Army Of One (2008).
Intro: Start at vocals after 16 counts (12 seconds).
Motion: Novelty (Social only).
Tempo: 78 BPM.
Videolink: <http://www.youtube.com/watch?v=0dDWouU8zcU>
Musiclink: <http://www.western-entertainment.no/music.shtml>

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|--------------|---|-------|
| 1 – 8 | Step, Spiral turn, Mambo Step, Sweep, Weave, Recover into Monterey Turn. | |
| 1,2 | Step forward on left (1), Pivot (spin) full turn right on ball of left (2). | 12:00 |
| 3& | Step forward on right (3), Rock (recover) back again onto left (&). | |
| 4 | Step back on right and Sweep left foot out and around behind right (4). | |
| 5&6 | Step left behind right (5), Step right to right side (&), Step left across of left (6). | |
| 7& | Rock (recover) back again onto right (7), Step left to left side (&). | |
| 8 | Point right toe to right side (8). | |

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| 9 – 16 | Complete ¾ Monterey turn, Step, Side Rock & Cross, ¼ Pivot turn twice, Cross, Side, Cross Rock, Side. | |
| 1,2 | Pivot (spin) ¾ turn right Hooking right up to left shin (1), Step forward on right (2). | 9:00 |
| 3& | Step left to left side (3), Rock (recover) back again onto right (&). | |
| 4 | Step left across of right (4). | 6:00 |
| & | Pivot ¼ turn left Stepping back on right (&). | |
| 5 | Pivot ¼ turn left Stepping left to left side (5). | 3:00 |
| &6 | Step right across of left (&), Step left to left side (6). | |
| 7& | Cross right behind left (7), Rock (recover) forward again onto left (&). | |
| 8 | Step right to right side (8). | |

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| 17 – 24 | Modified Suzy Q's, ¼ Pivot turn twice, Cross Rock, ¼ turn. | |
| 1 | Step left heel across of right (1). | |
| & | Swivel left toe to left "grinding" left heel and Step right slightly to right side (&). | |
| 2 | Step left next to right in 3 rd position (2). | |
| & | Step right heel across of left (&). | |
| 3 | Swivel right toe to right "grinding" right heel and Step left slightly to the left side (3). | |
| &4 | Step right to right side (&), Step left across of right (4). | |
| Restart: | <i>Restart from here on 3rd wall. You will be facing 9:00. Just add this before you restart:</i> Step ball of right slightly right (&), Start the dance from the top Stepping forward on left on count 1. | |
| 5 | Pivot ¼ turn left Stepping back on right (5). | 12:00 |
| 6 | Pivot ¼ turn left Stepping left to left side (6). | 9:00 |
| 7& | Step right across of left (7), Rock (recover) back again onto left (&). | |
| 8 | Pivot ¼ turn right Stepping forward on right (8). | 12:00 |
| Restart: | <i>Restart from here on 6th wall. You'll be facing 3:00</i> | |

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| 25 – 32 | Side Rock, Cross, Back, Back, Cross, ¼ turn Step forward, Mambo Step, & Mambo ½ turn, 3/8 Pivot turn. | |
| 1& | Step left to left side (1), Rock (recover) back again onto right (&). | |
| 2 | Step left diagonal forward right across of left (2). | 1:30 |
| & | Step right diagonal back right (&). | 1:30 |
| 3 | Turn upper body to left diagonal and Step left diagonal back left (3). | 10:30 |
| & | Step right across of left (&). | 10:30 |
| 4 | Pivot ¼ turn left Stepping forward on left (4). | 7:30 |
| 5& | Step forward on right (5), Rock (recover) back again onto left (&). | |
| 6 | Step right next to left (6). | |
| &7 | Step forward on left (&), Rock (recover) back again onto right (7). | |
| & | Pivot ½ turn left Stepping forward on left (&). | 1:30 |
| 8 | Pivot 3/8 turn left Stepping right slightly diagonal back right (8). | 9:00 |